

GROCERY SHOPPING MASTER LIST

Misc:

- ___ Other _____
- ___ Other _____
- ___ Other _____
- ___ Other _____

Cleaning/laundry:

- ___ Laundry detergent
- ___ Bleach, Clorox
- ___ Fabric softener
- ___ Dishwasher detergent
- ___ Dish soap, liquid
- ___ Window cleaner
- ___ Bathroom cleaner
- ___ Other _____
- ___ Other _____

Paper goods:

- ___ Paper towels
- ___ Toilet tissue
- ___ Kleenex
- ___ Napkins
- ___ Plastic cups
- ___ Paper plates
- ___ Other _____

Dry goods:

- ___ Coffee
- ___ Tea bags
- ___ Artificial sweetener
- ___ Cereal _____
- ___ Soft drinks _____
- ___ Sugar
- ___ Flour
- ___ Other _____
- ___ Other _____
- ___ Other _____

Frozen:

- ___ Chicken
- ___ Fish
- ___ Vegetables _____
- ___ Other _____
- ___ Other _____

DAIRY:

- ___ Milk
- ___ Sour cream
- ___ Cottage cheese
- ___ Eggs
- ___ Half & half
- ___ Butter
- ___ Cheese _____
- ___ Other _____

PRODUCE:

- ___ Lettuce
- ___ Salad mix
- ___ Apples
- ___ Oranges
- ___ Potatoes
- ___ Tomatoes
- ___ Bananas
- ___ Apples
- ___ Oranges
- ___ Other _____
- ___ Other _____

Meat:

- ___ Chicken
- ___ Beef
- ___ Pork
- ___ Other _____
- ___ Other _____

Bread:

- ___ Bread
- ___ Rolls
- ___ Other _____

Pharmacy:

- ___ Toothpaste
- ___ Soap, bars
- ___ Soap, liquid hand
- ___ Pain relief
- ___ Shampoo
- ___ Conditioner
- ___ Other _____
- ___ Other _____